



# Richland Creek Run/Walk IV

Presented by **The Wilson Group Real Estate Services**

Saturday, April 3, 2010 — 8 a.m. Run / 8:15 a.m. Walk



Register online at [www.richlandcreekrun.com](http://www.richlandcreekrun.com)

**Event:** A five-mile run (8 a.m.) and a five-mile walk (8:15 a.m.).

**Chip Timing:** Best Times of Memphis, Tenn. (Runners only)

**Location:** Registration and start at Cohn School, 48th and Park Avenues. Finish and awards at Cohn.

**Course:** A measured and timed five-mile run through the Richland Creek Greenway and Sylvan Park.

**Fees: Pre-Registration \$20 Race Day \$25**  
Pre-registration closes at 5 p.m. on Wed., March 31.  
**(Fees apply for online registrations.)**

**Pre-Registration Packet Pick-Up:** Friday, April 2, from 5 to 7 p.m. at Sports Seasons (56 White Bridge Road)

**Awards:** First-place male and female finishers, male and female masters, male and female grand masters and male and

female senior grand masters. First, second and third, male and female, by age group in five year increments from 0-10 to 70+.

**The Cause:** Proceeds benefit Greenways for Nashville for support and continued growth of the greenways. Greenways for Nashville is a not-for-profit member organization raising awareness of, and support for, Nashville's greenways initiative. Greenways For Nashville works in partnership with the Metro Parks Department's Greenways Commission.

**T-Shirts:** Guaranteed to all pre-registered entrants. Remaining T-shirts will be distributed to race-day entrants while they last.

**Restrictions:** For everyone's safety, no pets, skates, skateboards, bikes or strollers will be allowed on the course.

**Organized by** the Cherokee Park, Richland-West End, Sylvan Park and White Bridge Neighborhood Associations and Montgomery Bell Academy. **Thanks to our sponsors as well!**

**EVENT (Check One):**

Run

Walk

Birth Date (MM/DD/YY) \_\_\_\_\_

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

Sex \_\_\_M\_\_\_F

T-Shirt: S M L XL XXL

(Circle One)

\_\_\_\_\_  
Age on Race Day

\_\_\_\_\_  
Email address

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State ZIP Code

Waiver: I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event or while I am on the premises of the event. I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters, the Metropolitan Government of Nashville/Davidson County, Greenways for Nashville, Active.com and each of their agents, representatives, successors and assigns, and all other persons associated with the event, of all my liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise. My participation in this event is acknowledgement that my image or likeness may be used in future promotional materials.

SIGNATURE (Parent or Guardian if participant under 18): \_\_\_\_\_ DATE: \_\_\_\_\_

**Mail registrations to: Richland Creek Run  
Mail by March 29! c/o Greenways for Nashville  
P.O. Box 196340  
Nashville, TN 37219-6340**

**Make checks payable to "Greenways for Nashville" or  
register online at [www.richlandcreekrun.com](http://www.richlandcreekrun.com).**